

Frequently Asked Questions (FAQs)

Q: How much will the program cost? What does the cost include?

A: The cost of the program is \$2,000 (non-refundable). The cost includes food, housing accommodations, a tourist attraction, and in-country transportation (airfare is separate).

Q: When is the program? When should I arrive?

This program is offered every winter and summer break. It is recommended that students arrive on the day the program begins (or even a day earlier). If students would like to arrive two or more days earlier than the scheduled program start date, they will be responsible for their own expenses until the program starts.

Q: Do I need a visa to travel to Ghana? How do I get one?

A: Yes, you will need to get a visa (at your own expense). You can apply through the Ghana Embassy. The application requires a Letter of Support which OKB Hope Foundation will provide. Check the website (<https://ghanaembassydc.org/>) for more information on how to get a visa.

Q: What airport should I fly into? How do I get from the airport to the Guest House?

Students should fly into Kotoka International Airport. A personnel from OKB Hope Foundation will pick students up from the airport.

Q: Can my parents come?

A: No, this experience is for students only.

Q: Where will I be staying during the program?

A: Students will stay in Guest Houses (similar to a hotel) in both Kumasi and Accra. Students will have a single-room which comes with a bed and bathroom. Linens and towels will be provided and cleaned/changed daily.

Q: What/where will I be eating during the program?

A: We will have a chef in the guest house who will cook all meals for us. To ensure that all students' dietary needs are met by the chef, students are required to indicate their dietary restrictions when applying to the program. Additionally, we will occasionally eat out at restaurants as a group. These meals are all covered in the program cost.

Q: What should I pack?

A: It will be pretty hot and humid, so students should pack summer clothes. However, students should be culturally sensitive when choosing the clothes that they pack (no short shorts or dresses). Students should also bring comfortable shoes, as we will be doing a lot of walking and

standing. Packing a water bottle, bug repellent, swim suit, and a notebook is also recommended.

Q: How much money should I bring? What is the currency exchange process?

A: On average, students bring \$300-500 for personal spending money. Students can exchange their currency in the airport, however OKB Hope Foundation can do this process for you at a much cheaper rate.

Q: What precautions do I need to take in case of an emergency?

A: We encourage all students to get travelers insurance in case of an emergency. Additionally, students are required to register with their school's international travel registry.

Q: What vaccinations do I need to get?

All students are required to get the Yellow Fever and Malaria vaccines before coming to Ghana.

Q: Am I just going to be shadowing doctors the whole time?

A: No, our program allows students to not only shadow doctors, but also immerse themselves into the Ghanaian culture on a day-to-day basis. Review the itinerary to get an idea of a typical week of the program.

Sample Itinerary for Experience Ghana

	7:00 am – 7:30 am	8:00 am – 2:00 pm	2:30 pm - 3:30 pm	3:30 pm – 7:00 pm	7:30 pm – 8:00 pm	8:30 pm – 9:30 pm	9:30 pm
Monday	Breakfast	Shadowing at KATH	Lunch	Free time/ tour	Dinner	De-brief/ bonding time	Bedtime
Tuesday	Breakfast	Shadowing at KATH	Lunch	Health education in community	Dinner	De-brief/ bonding time	Bedtime
Wednesday	Breakfast	Shadowing at KATH	Lunch	Free time/tour	Dinner	De-brief/ bonding time	Bedtime
Thursday	Breakfast	Shadowing at KATH	Lunch	Health education in community	Dinner	De-brief/ bonding time	Bedtime
Friday	Breakfast	Shadowing at KATH	Lunch	Free time/ tour	Dinner	De-brief/ bonding time	Bedtime
Saturday	Breakfast	<i>Free Health Education & Screening</i>			Dinner	De-brief/ bonding time	Bedtime
Sunday	Breakfast	<u>Countryside Trip:</u> 1) <i>Buaben Fiema Monkey Sanctuary</i> 2) <i>Kintampo Water Falls</i> 3) <i>Tano Boase Caves</i>				De-brief @ Dinner	Bedtime